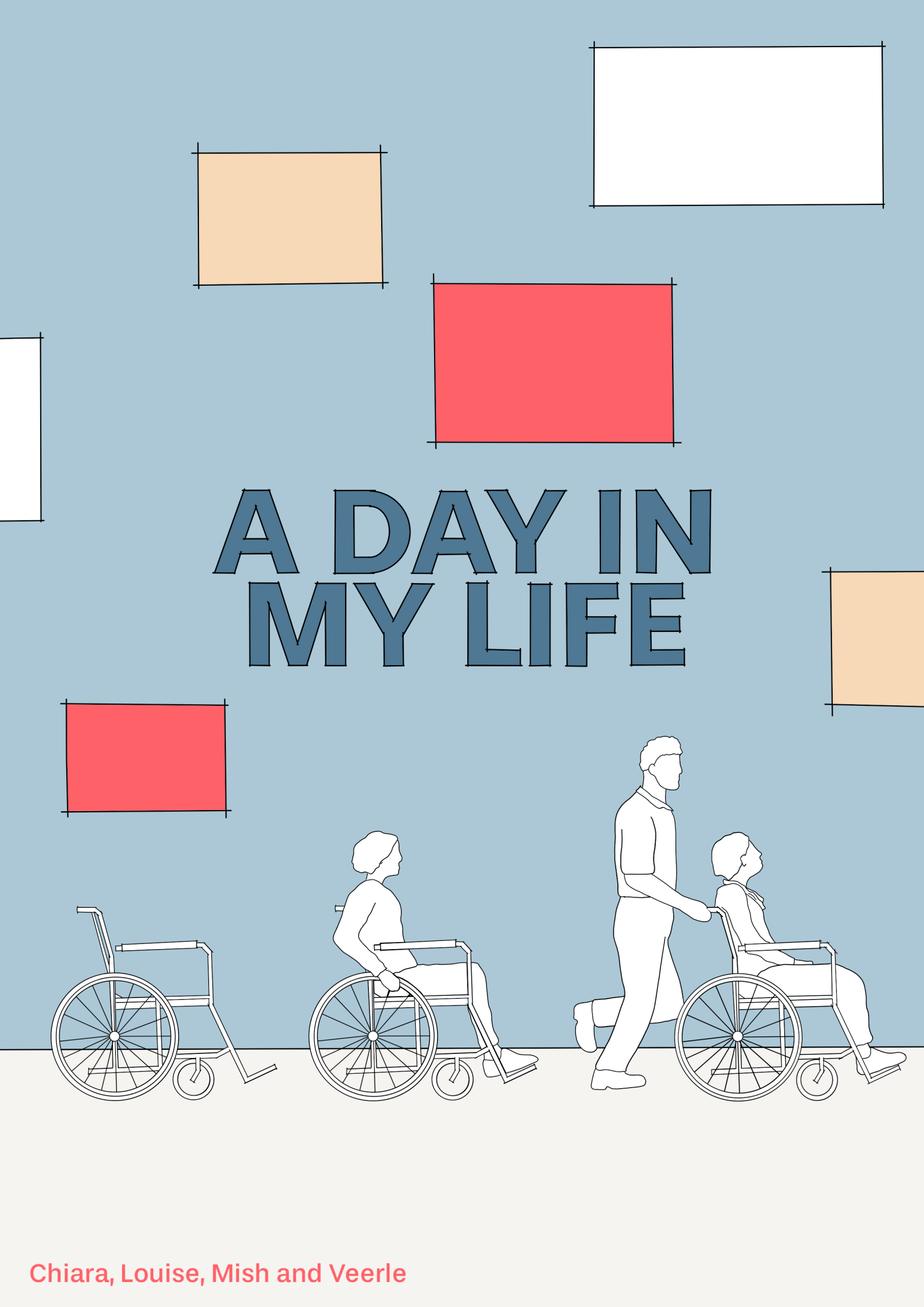
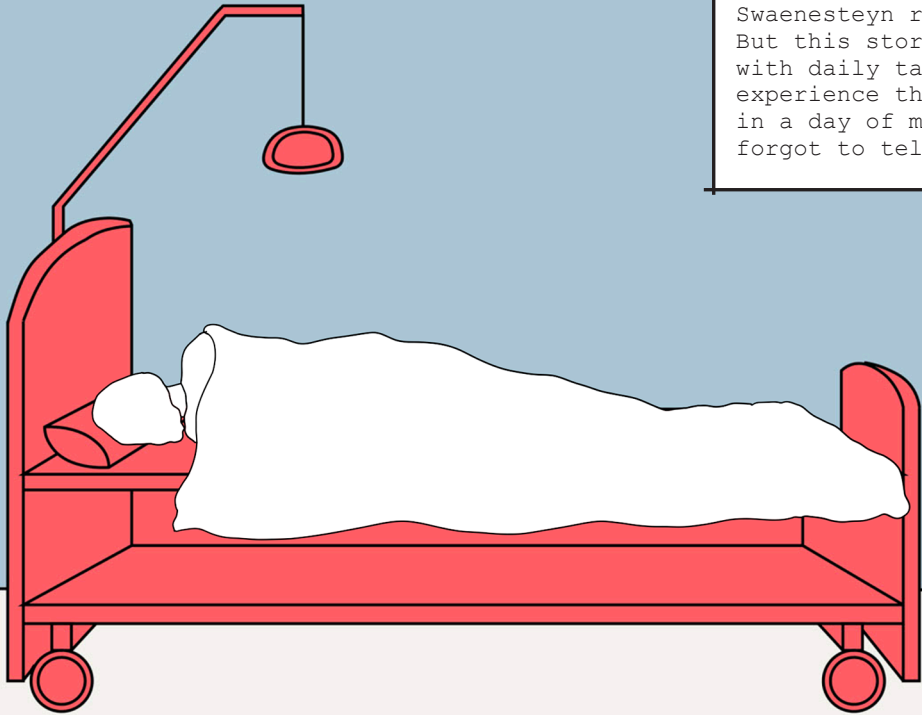


The background is a solid light blue. It features several colored squares: a large white square in the top right, an orange square in the top left, a red square in the center, and another orange square on the right side. A red square is also on the left side. At the bottom, there are line art illustrations of three figures in wheelchairs. The first figure is an empty wheelchair. The second figure is a person sitting in a wheelchair. The third figure is a person sitting in a wheelchair being pushed by a standing person.

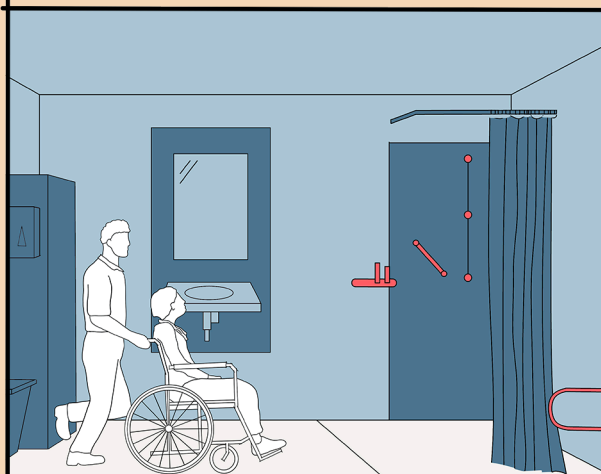
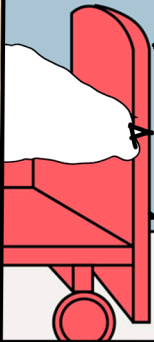
A DAY IN MY LIFE

Chiara, Louise, Mish and Veerle

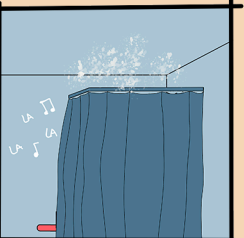
Hi! This is Julia, she lives in Swaenesteyn residential care center. But this story is about me. I help with daily tasks and together we experience the best things! Welcome in a day of my life! Oh right, I forgot to tell you who I am..



That's me!



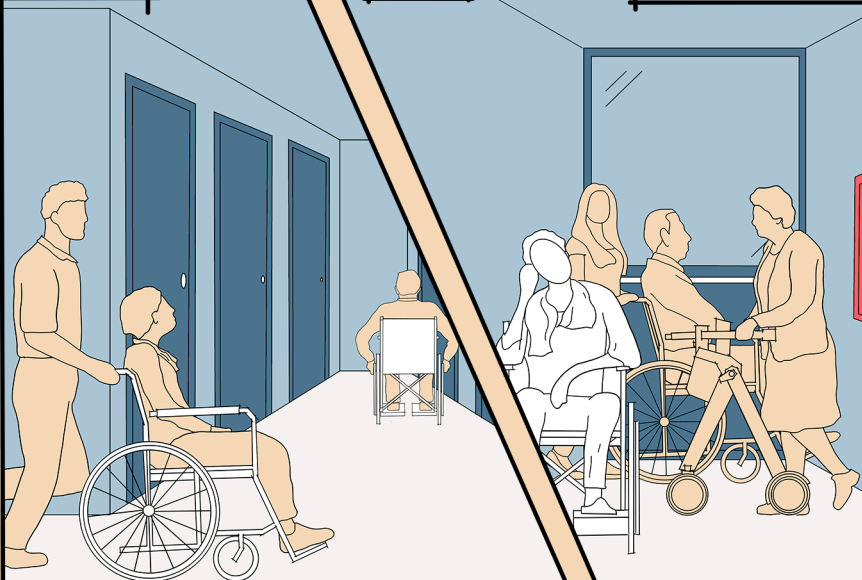
First, we go to the bathroom. She always sings in the shower. Luckily, I don't have ears!



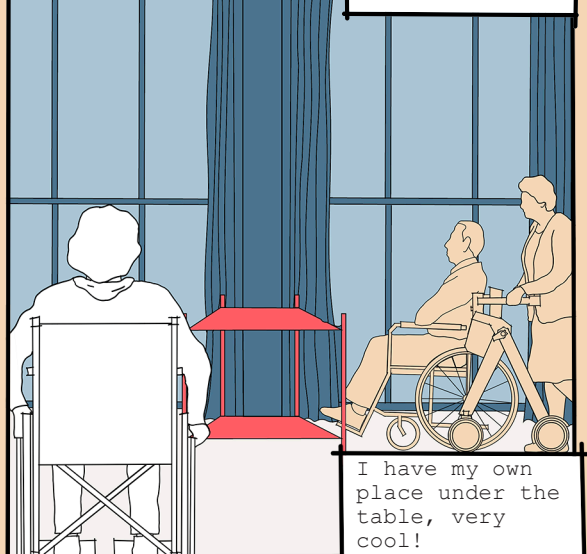
Then we'll head on our way to breakfast!

09:00

Very crowded in here... Well, then I can socialise!



Here we are in the living room. There are chairs walkers and wheelchairs.



I have my own place under the table, very cool!

I always stand next to Mrs. Walker. After our talk, me and my person go downstairs.

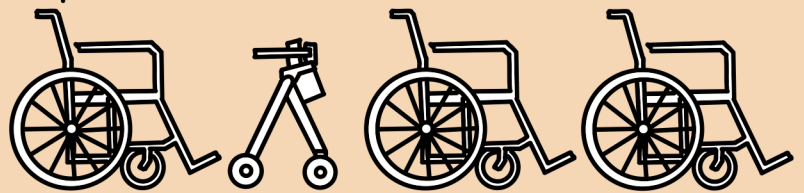
Hi! How are you today?
I'm doing very well, you?

10:30

If the elevator is not too crowded again... Luckily Mrs. Walker can just fit in. We have to wait another round.

Sometimes I would like to be as slim as Mrs. Walker.

Hey look who it is! My person has visitors today! How nice!



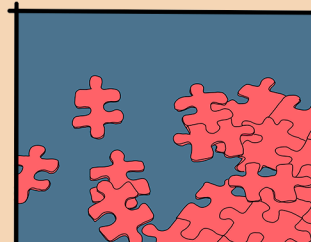
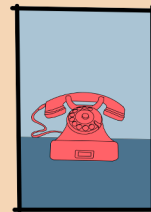
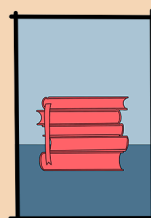
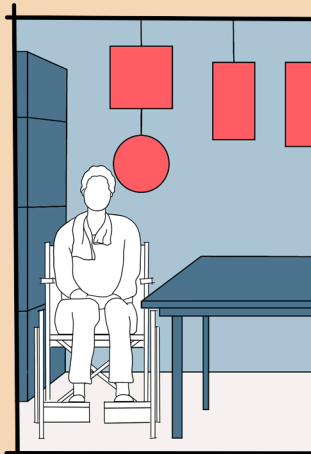
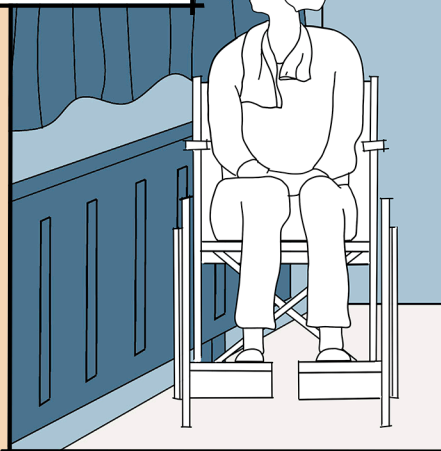
Hi, again!
Hi, Mrs. walker!

We go into the garden, the weather is really nice and the birds are singing. Under the canopy we're protected from the sun. On the street it sometimes difficult for me, but here in the garden everything is laid out especially for me!

11:30

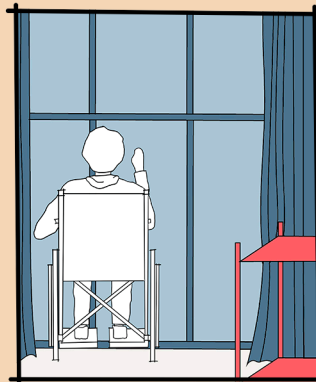
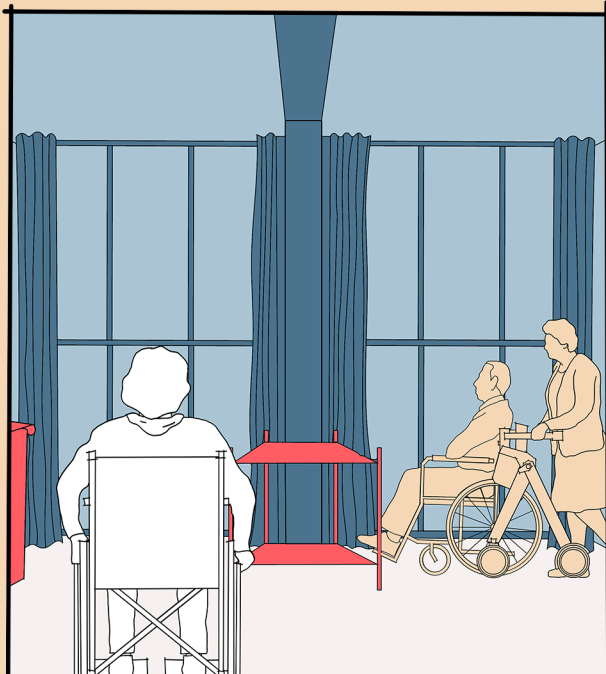
It was very nice with the visitors, but sadly they have to leave again.

My person always waves goodbye, but because the window is too high, she has to get up. I find that pretty scary...



Some personal time means, puzzles, games and phone calls.

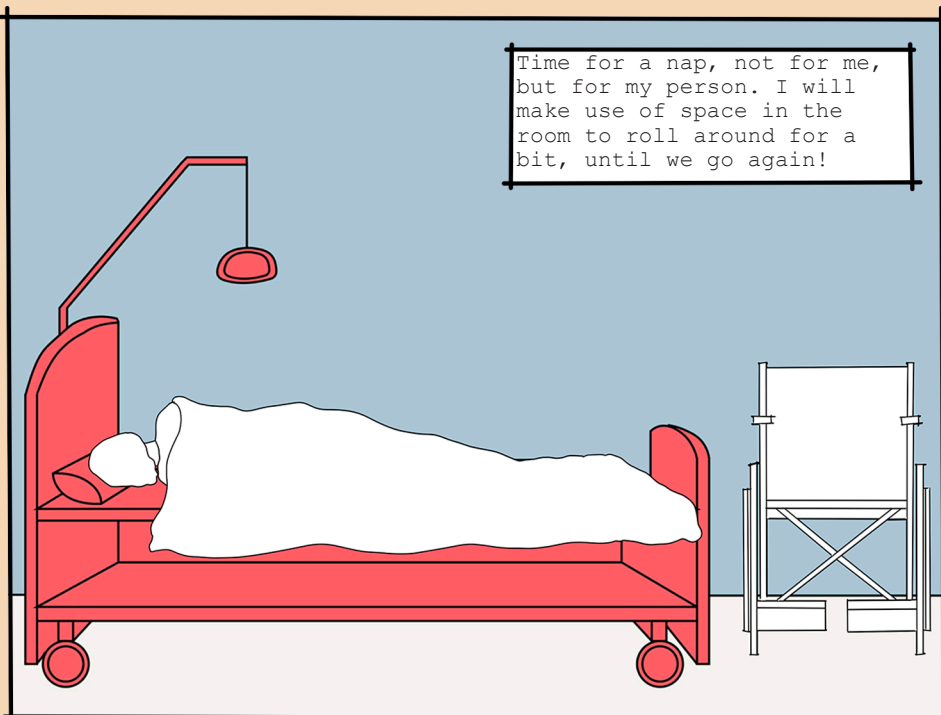
12:30



Time for lunch! Here we can also look into the garden, this is a good view!

13:30

Time for a nap, not for me, but for my person. I will make use of space in the room to roll around for a bit, until we go again!



After the nap,
we go downstairs,
excited to join
some activities!

15:00

Hi!
Hello!

Here there
are a lot of
activities to
choose. Such
as the small
library.

Or playing
a game

Or looking
outside

The building has a
lot to offer and Saffier
organises something
every day. The
residents can paint
for example. But the
large open space
can be too loud and
chaotic for my person.



Saffier

Soep van de dag

Bruine bonensoep
Vermicellisoep met bieslook

Menu 1

Kipkarbonade
Gevogelte jus
Sperziebonen
Gekookte aardappelen

Dagmenu

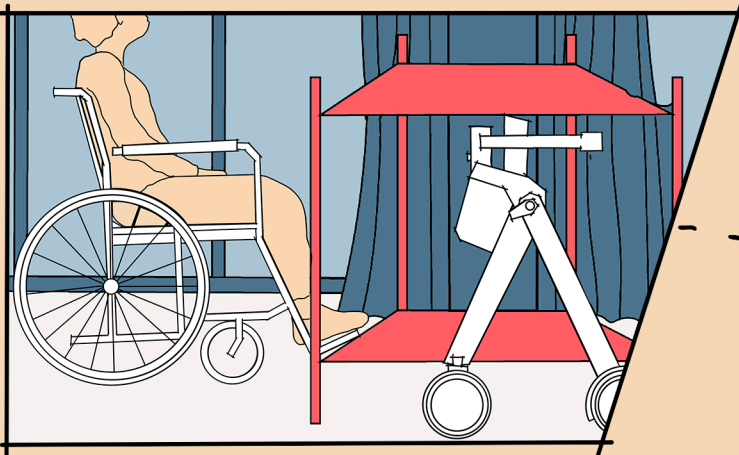
Menu 2

Biefburger
Vleesjus
Tuinbonen met bonenkruid
Aardappelpuree cremefraiche

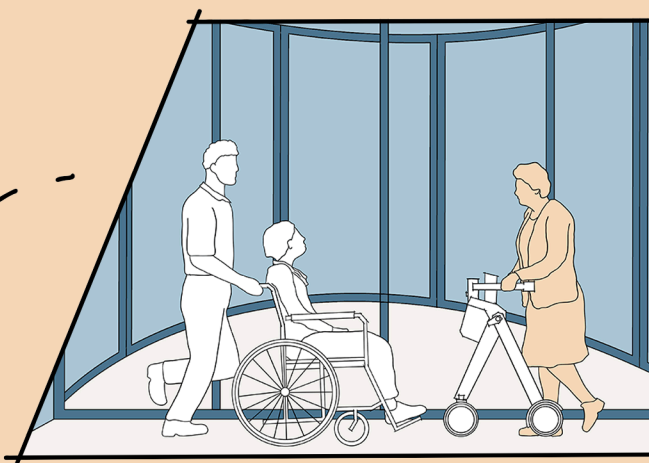
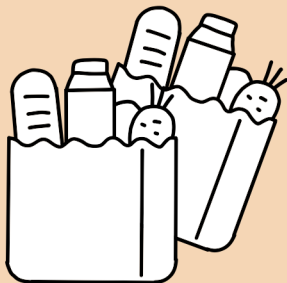
The diner menu, a
lot of choices! My
person often goes
for Indonesian
food, but if I had
a say, I would go
for the Biefburger.

There's Mrs. Walker again,
I wonder what she and her
person have been up to
today. Luckily, everyone
gathers for dinner and we
have enough time to do some
cathing up.

Tell me Mrs. Walker, what did you do today?

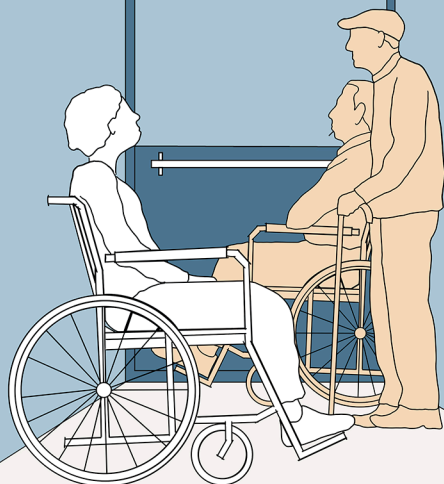


My person's daughter picked us up by car and we all went to the city center of The Hague. Here my person could buy some things that she still needed. Afterwards my person and her daughter had a lovely cup of coffee on the terrace in the sun. We saw so much today! It was very nice to be in a different environment again!

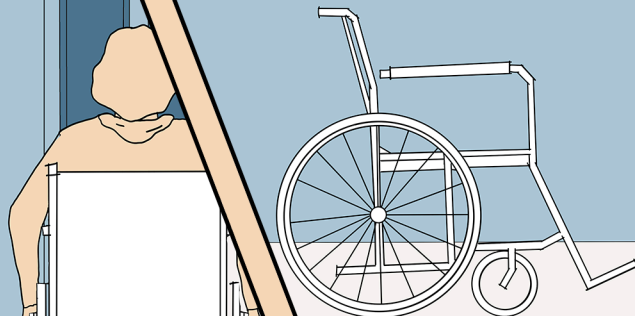


And now we are back again.

18:30



Hmmm what is that, an empty room?



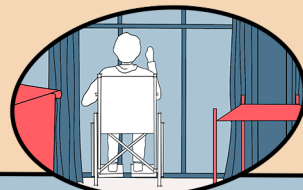
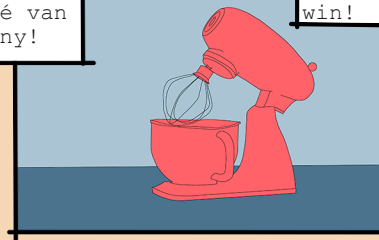
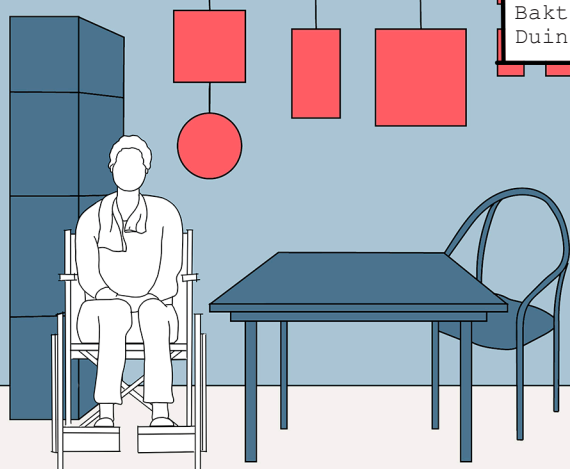
Oh, and an empty wheelchair?



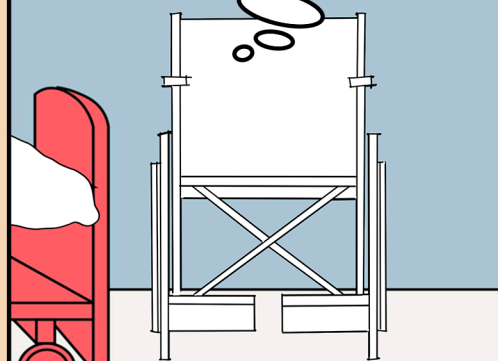
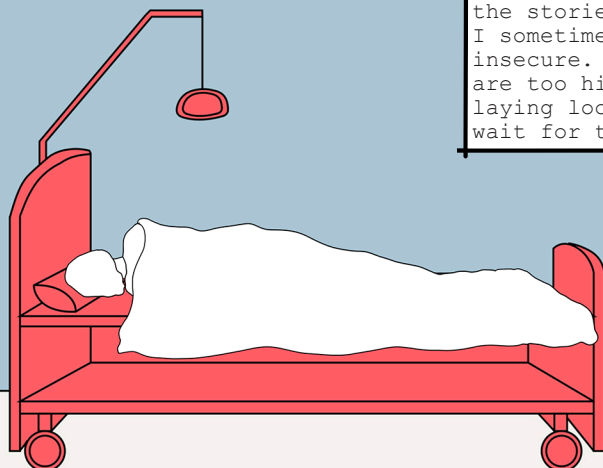
That reminds me of the time before my person. I was helping someone else and in the future I will help yet another person. That is the sad reality here.

We end the day with whatching TV. Oeh yes, Heel Holland Bakt! I find André van Duin really funny!

I bet if we joint, we would definitely win!



Time for bed. We've done so much today, but compared to the stories of Mrs. Walker I sometimes felt a bit insecure. Some thresholds are too high, paving stones laying loose or needing to wait for the elevator.



But looking back, I'm glad what my person and I could do. We did so much today and we had and have fun together. **Thank you for spending a day in my life with me!**

AR0106 – Architectural
Ethnography

Teacher:
Pierijn van der Putt

Creators

Veerle Beeldman

Research, writer, illustrator

Louise Feber

Research, background

Chiara van Vlaanderen

Research, writer

Michelle Wong

Research, background

**Special
thanks to**

Mrs. Loekie

Mr. Baartwijk

**and in loving
memory of**

Mrs. Meintje

A day in my life

This comic tells the story of a wheelchair in a care home. Join along in the day in a life of and discover the daily tasks and difficulties that it faces. A journey in learning about itself, with some bittersweet findings.

4-2025
TU Delft

